# National School Counseling Week 2023

Helping Students Dream Big February 6-10, 2023



## What is National School Counseling Week?

Since the 1980s, the American School Counselor Association has promoted the work of school counselors in order to highlight their essential contribution within U.S. school systems and the tremendous impact they have in helping students achieve school success and plan for a career.

#### What do School Counselors Do?

#### School counselors help all students:

- Apply academic achievement strategies
- Manage emotions and apply interpersonal skills
- Plan for postsecondary options (higher education, military, work force)



#### **Our School Counselors**



**TUPE club at Los Cerros** 



Twin Day at Gale Ranch



SMART Goal Lesson at Los Cerros

### 2023 Theme: Helping Students Dream Big

